



Monday 9/19 Day 3	Tuesday 9/20 Day 4	Wednesday 9/21 Day 5	Thursday 9/22 Day 6	Friday 9/23 Day 1
Monday 9/26 <b>NO SCHOOL</b>	Tuesday 9/27 Day 2	Wednesday 9/28 Day 3	Thursday 9/29 Day 4	Friday 9/30 Day 5

### Dates to Make Note of:

- Sept. 21 - Patriot Pride
- Sept. 26 - **SCHOOL CLOSED!**
- Sept. 27 - 7C Team Building Program
- Sept. 28 - 7A Team Building Program
- Sept. 29 - Flu & Covid Vaccine Clinic, 3-6:45pm, GVMS
- Oct. 3 - 7B Team Building Program
- Oct. 5 - **SCHOOL CLOSED!**
- Oct. 6 - PTO Meeting, 9AM
- Oct. 12 - Patriot Pride
- Oct. 26 - Patriot Pride
- Oct. 27 - Photo Re-Take Day, 8am-10am

### Points of Interest

#### SPORTS NUTRITION GUEST SPEAKER KATHRYN OAKES

**Tuesday, October 11 during 8th period in the GVMS Library**

**This is open to all GVMS Students, be sure to reserve a spot!**

If you are curious about what nutrition means, how your body uses food, why it matters what we eat, and what's "good" for YOU, you won't want to miss this! Kathryn Oakes is a Chester County native and Licensed Dietitian-Nutritionist. She is passionate about using her title to be the resource she wishes she had when she was younger - someone who starts the conversation about the role of nutrition and how to fuel our bodies to feel and perform our best. Someone who gets it Kathryn hopes to spark interest in nutrition through education that is age-appropriate, evidence based, engaging and meaningful.

For more information, see Mrs. Urban or Mrs. Pridgen.



It's never too early to preorder your student's 2023 Middle School yearbook. Save \$5.00 with our **Back-to-School sale price** which only lasts until **September 30th**. Preorder your book at [Jostens.com](http://Jostens.com)

We recognize how easy it is for children to contact parents directly during school hours. However, if they are feeling ill and are asking to come home, they **MUST** make this request through the nurse. This GVSD protocol is for your child's safety. Please remind him/her to get a nurse's pass from their teacher and come to the Nurse's Suite when feeling under the weather. Thank you for your support with this matter.



### Student Pick Up After School/Sports

We are asking our parents to please respect the designated traffic patterns when picking up your children after school and after sports. Specifically, please **do not** park in the handicapped designated areas unless you are in possession of a handicap placard; refrain from double parking in any areas in front of the middle school preventing the free flow of traffic, the bus lanes, the cross walks or fire hydrants. Lastly, we encourage the use of the spaces in our parking lots as these are the best places to wait for your child. Safety of all is paramount given the hundreds of children in the area.

Parents of Athletes:

Please pick up your student **no later than 5:10PM, after practice!** Thank you.

#### Fall Sports Information

For schedules of games:

<https://www.gvgsd.org/domain/970>

For locations of fields and directions:

<https://www.gvgsd.org/domain/966>

- Hello 7<sup>th</sup> grade families! We are pleased to announce our **7<sup>th</sup> Grade Team Building Program**. In just a few weeks, GVMS is bringing in an outside educational adventure company to facilitate a fun, team-building experience for our students. Permission slips were given to students on 9/12. We are also looking for some parent volunteers to help out as well; the chaperone form was attached to the permission slip. The cost of the program is \$40. This will be a meaningful way to build relationships and trust among our students, and we look forward to making fun memories! Thank you, and please have your child turn in the paperwork as soon as possible.



Speaking of **SUNSHINE**...A sixth grade student left their backpack, filled with school supplies, iPad, and phone overnight at the HS stadium. Thanks to Dr. Souder who walked over before school, found the backpack and joyfully returned it to the student! Have a great week.

#kindnessmatters

