



# Middle School Matters

October 3, 2022

Monday 10/3 Day 6	Tuesday 10/4 Day 1	Wednesday 10/5 <b>NO SCHOOL</b>	Thursday 10/6 Day 2	Friday 10/7 Day 3
Monday 10/10 Day 4	Tuesday 10/11 Day 5	Wednesday 10/12 Day 6	Thursday 10/13 Day 1	Friday 10/14 Day 2

## Dates to Make Note of:

- Oct. 5 - **SCHOOL CLOSED**
- Oct. 6 - PTO Meeting, 9AM
- Oct. 10—**Team 7B Activity**
- Oct. 12 - **Patriot Pride**
- Oct. 24—**SCHOOL CLOSED**
- Oct. 26 - **Patriot Pride**
- Oct. 27 - Photo Re-Take Day, 8am-10am

## Parents, just a few brief reminders:

- Students are **not** to use/have their cell phones in the building during school hours; phones are to remain in the student lockers during the school day.
- If your child will be absent from school, leaving early for an appointment, or coming into school late, please be sure to email our attendance office in the morning at: [gvmsattendance@gvmsd.org](mailto:gvmsattendance@gvmsd.org) Thank you!

## FREE EYE SCREENING & GLASSES

Saturday, October 15, 2022 8AM-1PM  
At Wills Eye Hospital  
No Insurance Required!

Appointments are required for all children ages 6-17.

SCAN TO  
SCHEDULE BY  
OCTOBER 7TH:



## Student Pick Up After School/Sports

We are asking our parents to please respect the designated traffic patterns when picking up your children after school and after sports. Specifically, please **do not** park in the handicapped designated areas unless you are in possession of a handicap placard; refrain from double parking in any areas in front of the middle school preventing the free flow of traffic, the bus lanes, the cross walks or fire hydrants. Lastly, we encourage the use of the spaces in our parking lots as these are the best places to wait for your child. Safety of all is paramount given the hundreds of children in the area.

Parents of Athletes:

Please pick up your student **no later than 5:10PM, after practice!** Thank you.

### Fall Sports Information

For schedules of games:

<https://www.gvmsd.org/domain/970>

For locations of fields and directions:

<https://www.gvmsd.org/domain/966>

## Points of Interest

### SPORTS NUTRITION GUEST SPEAKER KATHRYN OAKES

Tuesday, October 11 during 8th period in the GVMS Library

This is open to all GVMS Students, be sure to reserve a spot!

If you are curious about what nutrition means, how your body uses food, why it matters what we eat, and what's "good" for YOU, you won't want to miss this!

Kathryn Oakes is a Chester County native and Licensed Dietitian-Nutritionist. She is passionate about using her title to be the resource she wishes she had when she was younger - someone who starts the conversation about the role of nutrition and how to fuel our bodies to feel and perform our best. Someone who gets it. Kathryn hopes to spark interest in nutrition through education that is age-appropriate, evidence based, engaging and meaningful.

For more information, see Mrs. Urban or Mrs. Pridgen.

### "JUST WRITE A CHECK"

Be a star for the Rising Stars!

-Support your GVMS PTO

-Donations are 100% tax deductible

-Help meet our goal of 100 % participation

<https://www.gvmsd.org/gvms>

Please follow this link to the website for more information.

### Let's Celebrate!!!

We are looking for families to volunteer....  
GVMS Heritage Fest 2022

Thursday, November 17<sup>th</sup>

6:30 pm to 8:00 pm

GVMS GYM

Sign Up Below

<https://forms.office.com/r/2LRsyracsL2>

### STEP RIGHT UP AND GUESS THE WEIGHT OF THE GIANT PUMPKIN!



The Student Council is sponsoring a contest to guess the weight of the Giant Pumpkin during the month of October. To participate, bring in a canned food item

(more cans=more guesses) during lunch periods. Each can donation allows you to make a guess. The closest guess to the right weight wins the pumpkin and a \$15.00 Amazon gift card.

Good luck and let's get those cans donated!!

