

## Review

Based on the information you learned in this chapter, answer the following questions using your own words and thoughts.

1. a. Is your preferred learning style sequential or random?

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b. What does this style mean about the way you learn?

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2. If your learning style is random, how can you learn in sequential style (and vice versa)?

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3. a. Which sensory learning preference do you lean toward—visual, auditory, or tactile/kinesthetic?

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b. What does this style mean about the way you learn?

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4. List at least eight learning strategies that accommodate your sensory learning preference.

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5. Based on your sensory learning preference, what do instructors do that help you learn?

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6. How do you learn an instructor's preferred teaching style?

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7. Why do you think it's important to know an instructor's preferred teaching style?

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8. What are some things you can do if an instructor's style does not match yours?

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9. a. Which of the multiple intelligences are your strongest?

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b. How might you gain strength in the weaker ones?

10. From what you learned about learning styles, how do you see this influencing the way you work with and for others?

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11. After studying this chapter, what do you know about the way you learn? What can you do to make your learning more successful?

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