

## Sequential or Random: Which Are You?

The learning styles assessment that follows will help you understand whether you prefer the sequential or random learning style. If you have a higher number on the left side, you are a sequential-preferenced learner. A higher number on the right means you are a random-preferenced learner. If your numbers are the same, you are an equal-preferenced, or balanced, learner. Both styles will be further explained after the exercise. Remember that one style is not better than another.

### ACTIVITY 1

As you read the two lists below, notice that the quality on the left is opposite the quality on the right. Compare the first quality on the left and the first quality on the right; then place a check mark (✓) next to the one that sounds most like you. If both qualities honestly sound like you, mark both sides. Mark a response for *all* of the qualities. Go with your first impression. Try not to think too much about each response, as there are no right or wrong answers. When you are done, count the number of check marks you have on the left and on the right. Place each total at the bottom of the column.

#### Sequential Preferences

- Organized
- Enjoy learning and testing theories
- Want order and structure in life
- Want details
- See play as a waste of time
- Want intellectual recognition
- Have difficulty with improvisation
- Find speculation difficult
- Prefer math
- Show high regard for time
- Good at making decisions
- Prefer to work on one project at a time
- Like one correct answer
- Like routine
- Prefer reading and lecture
- Learn well independently
- Total check marks**

#### Random Preferences

- Disorganized
- Enjoy comparisons and examples
- Like creativity and dislike authority
- Want big picture (first)
- Enjoy play
- Want personal attention and feedback
- Enjoy improvisation
- Have vivid imagination
- Prefer art, music, sports
- Show little regard for time
- Good at considering possibilities
- Prefer to work on several projects at a time
- Like several possible answers
- Like impulsive activities
- Prefer role-playing, open discussion, and small group work
- Learn well through discussion, collaboration, and participation
- Total check marks**