

Self-Check ✓

The following self-evaluation will give you an idea of how familiar, or unfamiliar, you are with some of the topics and terms discussed in this chapter. After reading each statement, circle the letter Y, S, or N to indicate the answer that is most appropriate for you. Answer honestly. Rate yourself at the end; then complete the information on your Self-Check Progress Chart.

Y = yes; frequently S = sometimes N = no; never

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|--|---|---|---|
| 1. I generally have a positive attitude while learning. | Y | S | N |
| 2. I sit near the instructor or meeting leader. | Y | S | N |
| 3. I actively and confidently participate in discussions. | Y | S | N |
| 4. I listen carefully and take good notes. | Y | S | N |
| 5. I work or study in an appropriate environment for learning. | Y | S | N |
| 6. I take good notes and write my questions while reading. | Y | S | N |
| 7. I am prepared and complete my work on time. | Y | S | N |
| 8. I keep a calendar and follow a schedule. | Y | S | N |
| 9. I ask for and get help when needed. | Y | S | N |
| 10. I learn from my mistakes. | Y | S | N |

Rate Yourself:

Number of Ys _____ \times 100 = _____

Number of Ss _____ \times 50 = _____

Number of Ns _____ \times 0 = _____ **Total** _____