



**GREAT VALLEY  
SOCCER**

**2019**





# GREAT VALLEY SOCCER 2019

To: Great Valley Soccer Candidates

As we begin preparing for the upcoming season I want you to be aware of our goals. Our primary goal is to win championships. The next goal is for you to improve as a soccer player. And our most important goal is for you to grow as young men as you follow our Core Principles. You must begin preparing now and continue through the summer if we are going to reach these goals. I expect your maximum effort in all you do. It is the only way we will be successful.

In this packet you will find the following items to prepare you for the upcoming season and to help in answering questions on how and when things will be done.

**Letters from the Athletic Director:** Outlines the eligibility policy.

**First Day Checklist:** A list of items you will need to complete prior to and for the first day of camp so that you may participate.

**Preseason Practice Schedule:** Details for the first three weeks of the season. Please note that we will play a game on Saturday of the Labor Day weekend. All varsity and JV players **must** attend. Please plan accordingly!

**GV Soccer Core Principles:** These are the ideas that will guide you in everything you do.

**Team Policies and Regulations:** Guidelines and expectations for each player.

**9<sup>th</sup> Grade Memo**

**Game Schedules** (please go to the Athletics section of the GVHS website for up-to-date schedules)

**Player and Parent Agreement Form:** This must be completed and presented at the first session on August 12<sup>th</sup> or you will not be able to participate.

The level of success that this program will achieve depends on the effort each of you put into your preparation this summer. Develop your CHAMPION'S MINDSET now. You must have the DESIRE to play soccer daily. You must have the DISCIPLINE to follow the training schedule. You must have the DEDICATION to improve yourself every day. You must prepare for success!

Feel free to contact me with any questions:

E-mail: [dmoффett@gvsd.org](mailto:dmoффett@gvsd.org)

Phone: 484-467-7520 (cell)

Check out these sites for info :

Coach Moffett's Teacher Page on [www.gvsd.org/gvhs](http://www.gvsd.org/gvhs)

[Facebook.com/GreatValleySoccer](https://www.facebook.com/GreatValleySoccer)

Boys' Varsity section on [gvhs.digitalsports.com](http://gvhs.digitalsports.com)

Twitter : @GreatValleySocc

The history of success of Great Valley Soccer is built upon the commitment, character and competitiveness of generations of players that have preceded you. How will you contribute to this legacy?

Sincerely,

Coach Moffett

**Great Valley High School**  
225 North Phoenixville Pike  
Malvern, PA 19355  
[www.gvgsd.org/gvhs](http://www.gvgsd.org/gvhs)



Dear Parent:

Your son/daughter's participation in Great Valley Athletics is very important to us. The privilege of participating in Great Valley's athletic program carries with it a high level of responsibility on the part of the student-athlete. Standards of behavior, attitude and academics require athletes to exceed the ordinary. Through athletics, student-athletes are exposed to various situations that enhance the development of; self-esteem, cooperation, responsibility, sportsmanship, responsible decision-making, and the ability of working toward worthy goals.

While participating on any team, students must maintain District eligibility standards that are more stringent than the Pennsylvania Interscholastic Athletic Association minimum. If a student is failing one class, the student is placed on academic probation. If a student is failing two or more classes, the student is ineligible for a period of one week, (Sunday through Saturday). These standards can be found in the Student-Parent Handbook and on the Athletics page on the school's website.

Each student has also received a Student-Parent Handbook which contains the Athletic/Activity Guidelines. Please review these rules with your child.

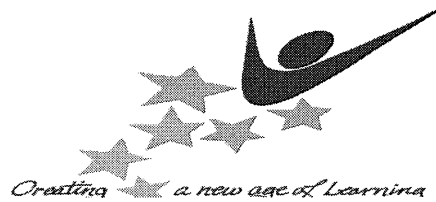
We are very proud of our athletic program. We enjoy working with your son/daughter and we appreciate your support. If you have any questions about these issues or other items of interest, please feel free to contact me.

Sincerely,

*Russell Wren*

Russell Wren  
Director of Athletics

**Great Valley High School**  
225 North Phoenixville Pike  
Malvern, PA 19355  
www.gvsd.org/gvhs



Dear Parents,

The role of the parent in the education of a youngster is important. The support shown in the home is often manifested in the ability of the student to accept the opportunities presented at school in the classroom and through co-curricular activities.

There is a value system—established in the home, nurtured in the school—that young people are developing. Their involvement in classroom and other activities contributes to that development. Integrity, fairness and respect are lifetime values taught through athletics, and these are the principles of good sportsmanship. With them, the spirit of the competition thrives, fueled by honest rivalry, courteous relations and graceful acceptance of the results.

Working to that end, we are joining with PIAA in support of a program called “SPORTSMANSHIP: The Only Missing Piece Is You!” This is a program designed to positively change behavior in our schools and reinforce and reward the need for sportsmanship as one of the values taught through educational athletics.

A good sport, whether a student or a parent, is a true leader within the school and the community. As a parent of a student, your sportsmanship goals should include:

- Realizing that athletics are part of the educational experience, and the benefits of involvement go beyond the final score of a contest.
- Encouraging our students to perform their best, just as we would urge them on with their classwork, knowing that others will always turn in better or lesser performances.
- Participating in positive cheers that encourage our athletes; and discouraging any cheer that would redirect that focus.
- Learning, understanding and respecting the rules of the game, the officials who administer them and their decisions.
- Respecting the task our coaches face as teachers; and supporting them as they strive to educate our youth.
- Respecting our opponents as students, and acknowledging them for striving to do their best.
- Developing a sense of dignity under all circumstances.

You can have a major influence on your son/daughter’s attitude about academics and athletics. The leadership role you take in sportsmanship will help influence your child, and our community, for years to come.

We look forward to serving you in the year ahead, and appreciate your continued support.

Sincerely,

*Russell Wren*

Russell Wren  
Director of Athletics



- \_\_\_\_\_ 1. **PIAA Comprehensive Initial Pre-Participation Sports Physical Evaluation:**  
This must be completed and signed by you, your parents, and your doctor.
  - a. Physicals may be performed by your family physician after May 31<sup>st</sup>.
  - b. Initial physicals WILL NOT be performed at GVHS.
  - c. **This must be submitted to Keith Johnson, Athletic Trainer, in the main office by Wednesday, August 7<sup>th</sup>**
  
- \_\_\_\_\_ 2. **GVHS – Emergency Athletic Form (Yellow)** This must be filled out and signed by you and your parent or guardian.
  - a. **This must be submitted to Keith Johnson, Athletic Trainer, in the main office by Wednesday, August 7<sup>th</sup>**
  
- \_\_\_\_\_ 3. **Impact Testing Consent Form (9<sup>th</sup> grade & new players only)**
  - a. **This must be submitted to Keith Johnson, Athletic Trainer, in the main office by Wednesday, August 7<sup>th</sup>**
  
- \_\_\_\_\_ 4. **Activity Fee:** Each player must pay \$95.
  - a. **This must be submitted to the main office by Wednesday, August 7<sup>th</sup>**
  - b. You may pay by check (payable to GVHS) or online at pay link on high school website
  
- \_\_\_\_\_ 5. **GV Soccer Player & Parent Agreement** form: This is the last page of your packet and both must be signed by you and your parent and turned in to Coach Moffett, Coach Oswald, or Coach McCauley on or before August 12<sup>th</sup>.
  
- \_\_\_\_\_ 6. **Water:** Every player is required to bring their own water during camp.
  
- \_\_\_\_\_ 7. **Soccer Ball:** Every player is asked to bring their own ball with their name on it during camp.
  
- \_\_\_\_\_ 8. **Running Shoes:** We will start with the 1.5 mile test.
  
- \_\_\_\_\_ 9. **Gray T-shirt, Blue Shorts, White Socks:** You are expected to dress in these colors.
  
- \_\_\_\_\_ 10. **Shin Guards:** All players will be required to use NOCSAE approved shin guards for games this season. Look for this label on the packaging before you buy new ones.

If you have not turned in items #1 and #2 and #3 **by Wednesday, August 7<sup>th</sup> you will not participate.**



# GREAT VALLEY SOCCER

# 2019 PRESEASON PRACTICE SCHEDULE

Mon. August 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18
8:00-11:30 1.5 Mile Test V, JV & 9th	8:00-11:30 120's Test V, JV & 9th	Varsity Team Selection 8:00-11:30 V, JV & 9th	8:00-11:30 V, JV & 9th	8:00-11:30 V, JV & 9th	No Practice	No Practice
Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25
V, JV & 9th 8:00-11:00	V, JV & 9th 3:00-5:00	Scrimmage V&JV @ Radnor 3:45	V, JV & 9th 3:00-5:00	V, JV & 9th 9:00-11:00	No Practice	No Practice
Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31	Sun Sept 1
1 <sup>st</sup> Day of School Practice 8:00-11:00 V, JV, 9th	Scrimmage V&JV Perkiomen Valley 3:30 PM	Practice 3:00-5:00 V, JV, 9th	Practice 3:00-5:00 V, JV, 9th	Game- Phoenixville Home 10:00AM	Game- @ Tulpehocken Away 11:00	No Practice

- Practice will begin at the GVHS Varsity field for the first three days.
- All Varsity and JV players are required to attend all sessions.
- 9<sup>th</sup> Grade players are encouraged to attend. 9<sup>th</sup> Grade team tryouts will be held during the first week of school.
- All players must bring a ball and water to each session.
- All players are expected to wear Gray T-shirts, Royal Blue Shorts, and White socks unless told otherwise.



# GREAT VALLEY SOCCER

## CORE PRINCIPLES

### OUTSIDE THE LINES

(Preparation)

#### - **Commitment**

- Dedication and direction
- Establish priorities, make sacrifices
- Develop work ethic of a champion
- Maintain discipline

#### - **Conditioning**

- Physical requirements
- Fitness: speed, quickness, agility, endurance, strength, technical ability
- Discipline to workout everyday

#### - **Communication**

- Open and honest
- Informative
- Listening, as well as talking

#### - **Chemistry**

- Relationships, bonds, connections, one cohesive unit
- Positive attitude, no whining
- Value of every player on the team
- Go out of your way to develop relationships

#### - **Coachable**

- Hunger for learning
- Listen, learn, and apply
- Understanding and correcting mistakes

#### - **Character**

- Respect and integrity
- Trustworthy and honest
- Doing the right thing, making good choices
- How do you want to be known or remembered?
- Your actions reflect on the program, coaches, teammates and your parents.

### INSIDE THE GAME

(Performance)

#### - **Concentration**

- Focused
- Eliminate distractions
- Stay in the moment
- Anticipate what is to come

#### - **Composure**

- Control of emotions and anger
- Your conduct is all class
- Mental toughness
- Deal with mistakes

#### - **Competitive**

- Intensity and Passion
- Fierce desire to win
- Never quit. Never ever quit.
- Bring it every day

#### - **Confidence**

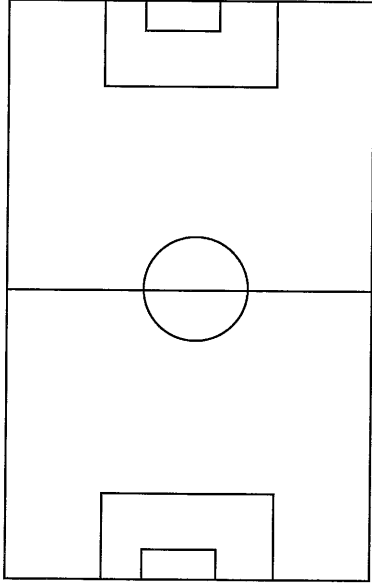
- Belief in self and teammates
- Performance under pressure
- Bounce back from mistakes

#### - **Courage**

- Wanting the ball in pressure situations
- Do not fear failure
- Overcome your fears

#### - **Communication**

- Simple, clear, useful
- Positive, constructive, timely



#### - **Challenge**

- Expect it
- Seek it
- Embrace it
- Struggle = learning

### Champion's Mindset

- Desire
- Determination/Grit
- Dedication
- Discipline
- Work Ethic
- Pride

**Your Performance Will Follow Your Attitude.**



## I. Academics

- A. It is your primary responsibility as a student-athlete to maintain your eligibility.
  - 1. Any athlete who is failing two subjects is ineligible for the week.
  - 2. For each subject you are failing you will be required to have a weekly progress report signed by the Teacher and presented to the Coach.

## II. Absence

- A. Practice
  - 1. 1<sup>st</sup> Unexcused Absence – 1 game suspension.
  - 2. 2<sup>nd</sup> Unexcused Absence – Dismissal from the team.
  - 3. Excused Absence – You must see coach in advance and make up missed work.
- B. Game
  - 1. Excused Absence – You must see coach in advance.
  - 2. Unexcused – Dismissal from the team.
- C. Excused Absence Defined
  - 1. Serious Illness (you are under a Doctor's care)
  - 2. Doctor's Appointment (schedule to avoid conflicts)
  - 3. Family Vacation
  - 4. You must notify coach a day in advance if you are going to be late or absent for any reason. This is your responsibility. Do not send a message with someone else.
- D. Unexcused Absence Defined
  - 1. Work
  - 2. Minor Injury or Illness (You must still attend practice.)

## III. Lateness to Practice

- A. Excused Late
  - 1. With the trainer.
  - 2. Meeting with a teacher after school.
    - a. Notify coach in advance.
    - b. Present a signed pass from the teacher when you get to practice.
- B. Unexcused Late (Detention, Overslept, etc.)
  - 1. First Offense – Verbal warning and review of consequences for subsequent lates.
  - 2. Second Offense – 1 game suspension.
  - 3. Third Offense - 2 game suspension.
  - 4. Fourth Offense – Dismissal from the team.
- C. Late to School
  - 1. If you are late to school for some reason, remember that you must arrive 10:30 AM to be eligible to practice or play that day. Otherwise, this may be considered an unexcused absence.

## IV. Conduct

- A. All players are expected to demonstrate respect and good sportsmanship at all times when dealing with members of the coaching staff, game officials, teammates, and opponents.
- B. Anything other than exemplary conduct demonstrated by any player on or off the field will not be tolerated and may result in loss of playing time, suspension and/or dismissal from the team.
- C. Please refer to the GVHS Student Handbook under Athletics for additional student-athlete expectations.
- D. If a player receives repeated yellow cards from game officials, the player may face suspension from the team.

## IV. Dress and Appearance

- A. Players will wear proper soccer equipment at all times during practice.
- B. No jewelry is to be worn on the field.
- C. Players will arrive on the field dressed and equipped ready to play for all practices and games.
- D. Game day attire will be specified later.
- E. As a representative of Great Valley High School and this program you are expected to take pride in and adhere to the highest standards of physical appearance, appropriate attire and grooming.

## V. Travel

- A. All players are expected to travel with the team to and from games.
- B. Requests to return home with your parents will be considered on an individual basis.
- C. School Athletic Policy states that the request from the parents must be written and presented to the Athletic Director and Coach 24 hours prior to the game.

## VI. Injuries

- A. Inform your Coach of any injuries you sustain.
- B. See the Athletic Trainer for an evaluation and treatment. Follow their recommendations.
- C. Players are required to attend practices and games while they are injured. Failure to do so may lead to dismissal from the team.

To: Incoming 9<sup>th</sup> Grade Soccer Players  
From: Coach Moffett

Welcome to Great Valley Soccer. We look forward to working with each of you over the next four years through your soccer development. The objective of our 9<sup>th</sup> grade program is to give you top-level training and competitive matches to improve your skills and prepare you for the Varsity and Junior Varsity levels.

All 9<sup>th</sup> grade players are invited to attend the pre-season training camp beginning on Monday, August 12<sup>th</sup>. Training sessions are held at from 8:00 to 11:00 in the morning Attendance during that time is voluntary for 9<sup>th</sup> grade players but is strongly encouraged. During this time the Varsity and Junior Varsity squads will be chosen. To be under consideration for these teams you must be in attendance for all sessions.

There will be a separate 9<sup>th</sup> grade team. Once the Varsity and JV teams are chosen, the 9<sup>th</sup> grade team will practice in the mornings from 8:00 to 10:00 for the remainder of the first week. All 9<sup>th</sup> grade players are eligible to tryout for the 9<sup>th</sup> grade team regardless if they attended the preseason camp but **attendance is strongly encouraged.**

Tryouts begin for all 9<sup>th</sup> graders on the first day of school, from 3:00 to 5:00 and will continue throughout that week. Team selections will be made at the end of the first week of practice. Practice for the 9<sup>th</sup> grade team will be held at the high school during the season. The location for games will be at Clark Field across the street from K.D. Markley Elementary.

We will hold Open Play Nights for all GV Soccer players on Tuesday nights throughout the summer beginning on Tuesday, June 11<sup>th</sup> from 6:00 to 8:00 PM in the stadium.

Please read through the training packet and follow the training program to prepare for the upcoming season. If you still have questions feel free to call or email us.



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## **Player and Parent Agreement Form**

I, \_\_\_\_\_, have read and understood the Team Policies and Regulations, Athletic Guidelines, and Training Program for the Great Valley Soccer program and agree to abide by them.

\_\_\_\_\_  
Player Signature

I, \_\_\_\_\_, the parent of \_\_\_\_\_ have read and understood the Team Policies and Regulations, Athletic Guidelines, and Training Program for the Great Valley Soccer program and agree to support them.

\_\_\_\_\_  
Parent Signature