



Our Olweus Pledge

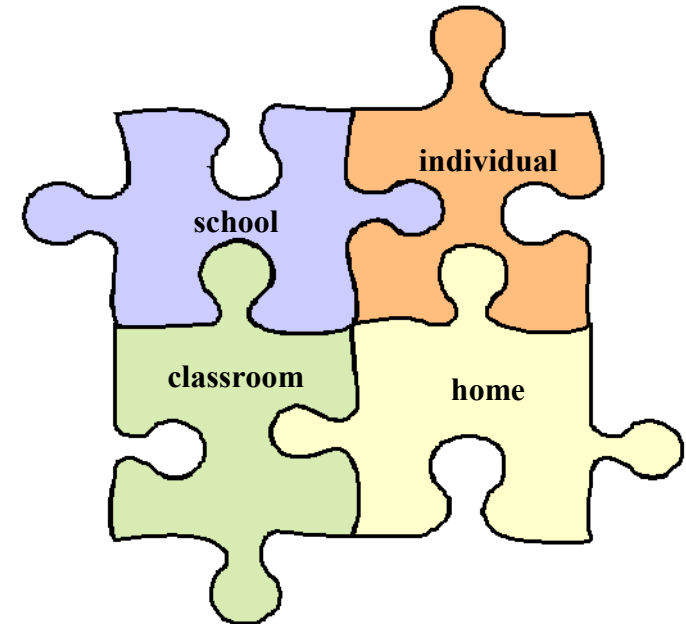
- ◆ I will value difference and respect everyone.
- ◆ I will never bully others.
- ◆ I will stand up for those who are being bullied and include those who are left out.
- ◆ I will report bullying to adults.

TIPS FOR PARENTS

- ◆ Acknowledge your child's feelings and help them problem-solve.
- ◆ Teach your child to self-advocate.
- ◆ Teach your child the difference between tattling and telling.
- ◆ Teach and model an appreciation and respect of diversity and human difference.
- ◆ Help your child understand the difference between bullying and conflict.
- ◆ Help your children establish high-quality friendships.
- ◆ Involve children in extra-curricular activities where they can enhance pro-social skills and build connections to others.
- ◆ Stay involved in all aspects of your child's life; ask lots of questions.

Great Valley School District
47 Church Road
Malvern, Pa 19355

OLWEUS BULLYING PREVENTION PROGRAM AT KDM



OL-

WEUS

pronounced "ol-vay-us"

KD Markley Elementary
School
610-644-1790

OVERVIEW OF THE OLWEUS PROGRAM

- ♦ The Olweus Bullying Prevention Program is research-based.
- ♦ A positive and consistent community-wide effort focusing on Individual, Classroom, and Community Level Interventions.
- ♦ Each building has established a core team of teachers and staff to work toward implementation of the program.
- ♦ Each classroom teacher will hold weekly "classroom meetings" to proactively teach skills for bullying prevention and to reactively address issues within the classroom.
- ♦ An Olweus Incident Report form will be used to respond to and track incidences of bullying. This form may be used by students, staff, and parents. It can be found on the front page of the school website.
- ♦ Each Elementary School will have a positive community-wide reinforcement system.
- ♦ Emphasis is placed on the power and role of the bystander.

Olweus Language, Terms and Definitions

Bullying Defined:

- ♦ A student is being bullied when he or she is exposed repeatedly and over time to purposeful negative actions on the part of one or more students.
- ♦ Bullying implies an imbalance of power or strength.
- ♦ Rough play, teasing and social conflicts between two students might not be bullying.

Bully (instigator) Someone who repeatedly and over time physically or emotionally hurts or excludes another person.

Target (victim) is someone who receives the physical/emotional hurt or is excluded from a group.

Bystander (on-looker) is everyone who is watching the bullying occur. Bystanders have tremendous power and are key to ending bullying.

What Can Bullying Look Like?

- ♦ Physical
- ♦ Verbal /Written Language
- ♦ Emotional/Social (exclusion)
- ♦ Cyber-Bullying



Philosophy of the Program

Olweus incorporates a strong educational component for staff, students, and parents. Incidences of bullying are carefully investigated, tracked and addressed.

Re-education and counseling is utilized when necessary for all targets, bystanders and bullies. Disciplinary action and parent involvement is employed when necessary.

Great emphasis is placed on changing the culture of a school; where telling is not tattling and sticking up for others is a community expectation. Individual differences are celebrated and cooperative behaviors are seen as crucial for success.