

INFORMATION ON LICE

Adult head lice are roughly 2-3 mm long. Head lice infest the head and neck and attach their eggs to the base of the hair shaft. Lice move by crawling; they cannot hop or fly.

Head lice infestation, or pediculosis, is spread most commonly by close person-to-person contact. Dogs, cats, and other pets do not play a role in the transmission of human lice.

Both over-the-counter and prescription medications are available for treatment of head lice infestations.

For lice FAQ's:

http://www.cdc.gov/parasites/lice/head/gen_info/faqs.html

For lice treatment:

<http://www.cdc.gov/parasites/lice/head/treatment.html>

Prevention:

<http://www.cdc.gov/parasites/lice/head/prevent.html>

Alternatives:

<http://well.blogs.nytimes.com/2010/03/24/the-alternative-medicine-cabinet-cetaphil-for-lice/>

1. Lather hair with a coconut-oil castile soap. Add a few drops of tea tree oil and neem oil to the lathered hair. (Health food stores sell castile soap and tea tree oil.)
2. Rinse and rewash with this same mixture.
3. After rewashing, do not rinse, but wrap a towel around the head and wait for half an hour.
4. Comb with a nit-removing comb, strand by strand, until all nits are removed (this takes a while). Dampen hair as needed. To order a comb, click [here](#).
5. Wash and rinse the hair. Once dry, check, thoroughly, for any missed nits.
6. Thoroughly clean the comb, hands, bedding, and clothing. Pillows can be placed in the freezer overnight. You can comb a lice-repellant essential oil through the hair. The best choices of repellent essential oils are tea tree, neem, rosemary, lavender, eucalyptus, and rose geranium. Add 10 drops of essential oil to 1 oz. oil. Comb through the hair. Or make a tea tree oil shampoo by adding 10 drops of tea tree oil to 1 oz. of shampoo.

Not Nice To Lice [contains no pesticides](#).

Ingredients: Filtered and purified water, and natural enzyme cleaners including Protease, Lipase, Cellulase and Amylase.

LiceOut water-based gel contains no pesticides and is non-toxic. [Click here](#).