

March 2023



GV Middle School Lunch Menu

Monday

Did you know?

March babies are spoiled with two birthstones: aquamarine, and bloodstone which symbolize courage.

Tuesday

Wednesday

Thursday

Friday

1

Pasta Bar
Broccoli
Caesar Salad
Fruit

2

Orange Ginger
Chicken
w/ Brown Rice
Broccoli
Edamame
Fortune Cookie
Fruit

3

Chicken & Cheese
Quesadilla
w/ Salsa
Seasoned Corn
Black Beans
Fruit

6

French Toast
Sticks
w/ Syrup
Turkey Sausage
Hash Brown
Fruit

7

General Tso's
Popcorn Chicken
w/ Brown Rice
Broccoli
Edamame
Fortune Cookie
Fruit

8

Pasta Bar
Broccoli
Garden Ranch
Salad
Fruit

9

Early Dismissal

10

No School

13

Chicken & Waffles
w/ Syrup
Corn
Fruit

14

Macaroni &
Cheese w/ Whole
Grain Roll
Cucumber w/
Ranch
Fruit

15

Pasta Bar
Broccoli
Caesar Salad
Fruit

16

Mozzarella Stuffed
Breadsticks w/
Marinara Sauce
Baby Carrots w/
Ranch
Fruit

17

Nacho Supreme w/
Black Beans,
Corn, Shredded
Lettuce, & Salsa
Fruit

20

Mini Pancakes w/
Syrup
Turkey Sausage
Hash Brown
Fruit

21

Orange Ginger Chicken
w/ Brown Rice
Broccoli
Edamame
Fortune Cookie
Fruit

22

Pasta Bar
Broccoli
Garden Ranch
Salad
Fruit

23

Baked Mozzarella
Sticks
w/ Marinara Sauce
Baby Carrots w/
Ranch
Fruit

24

Honey BBQ Wings
French Fries
Celery w/ Ranch
Fruit

27

French Toast
Sticks
w/ Syrup
Turkey Sausage
Hash Brown
Fruit

28

Crispy Chicken
Drumstick
w/ Whole Grain Roll
Seasoned Corn
Mashed Potatoes
w/ Gravy
Fruit

29

Pasta Bar
Broccoli
Caesar Salad
Cucumber w/
Ranch
Fruit

30

Pittsburgh
Cheesesteak
Carrots w/ Ranch
Fruit

31

Tater Tot Tacos
w/ Beef & Cheese
Black Beans
Seasoned Corn
Churro
Fruit

**Lunch Price:
\$3.35**

Available daily \$3.35:
Pizza, Yogurt Parfait,
Assorted Grill Items w/
French Fries (Chicken
Nuggets, Cheeseburger,
Chicken Sandwich, Hot Dog,
Chicken Tenders)

**\$3.50: Salad & Deli
Sandwiches**

**All Lunches Come with
Milk**

**Fresh Fruit &
Vegetable Bar Daily**

**Students must take a
fruit or vegetable w/
lunch**

**A la Carte snacks &
drinks available for
purchase daily**

**Menu items subject to
change**

